



TRICHY SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE TIRUCHIRAPALLI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

15th YOGA FEST AND COMPETITION

Yoga Festival and Competition 2019 gallery

The poster features the following text and graphics:

- Top Left:** "स्वच्छ भारत" (Swachh Bharat) logo with the motto "एक कदम स्वच्छता की ओर" (One step towards cleanliness).
- Center:** "15th YOGA FEST 2019" with a yoga figure icon.
- Organizers:** TRICHY SRM MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE, TIRUCHIRAPPALLI DISTRICT PRIVATE NURSERY & PRIMARY SCHOOLS FEDERATION, and TRICHY REGIONAL YOGA TEACHERS ASSOCIATION.
- Venue:** Trichy SRM Medical College Hospital And Research Centre, Near Samayapuram, Irugalkeri, Trichy.
- Date:** 09.11.19, **Time:** 09.00 am to 05.00 pm.
- Bottom:** "Do Yoga to Live Young!" and "Invites..."

Inaugural Function	Validatory Function
With the blessings of Dr. R. Shivakumar Chairman, SRM Trichy & Ramapuram Campus	Chief Guest Mr. R. Arivalagan District Educational Officer, Lalgudi, Trichy
Welcome Address Dr. L. Manivannan Head of Physical Education and Yoga TSRMMCH & RC	Lightening the Lamp Mrs. R. Jayalakshmi Block Educational Officer, Trichy
Presidential Address Dr. A. Jesudoss Dean, TSRMMCH & RC, Trichy	Distribution of Prize Dr. M. Madhavan Founder - Vivekananda Yoga Therapy Centre, Karur President - TNPQYA
Keynote Address Dr. S. Ragupathy Executive Director (Campus)	Guest of Honour Mr. K. Kuttalanathan Central Govt. Notary Public Madras High Court, Madurai Bench
Inaugural Address Dr. N. Balasubramanian Deputy Director (Campus)	Mr. A. Yesuraja President, TDPNPSF
Felicitation Dr. S. Ramesh Babu Director (Medical Science)	Head of the Jury Team Yoga Sironmani, J. Chandrasekaran Founder - Padma Yoga Research Foundation
Dr. P. Thirumalaikolundusubramanian Medical Superintendent	
Dr. P. Karthik Additional Medical Superintendent	
Dr. Nachal Annamalai Prof. H.O.D. of Physiology	





























DO YOGA TO LIVE YOUNG