

Associate Professor

Variables	Responses	
Name	Dr.S.Sivaraman	
Age , D.O.B	34 , 03-08-1982	
Educational qualification	UG	M.B.B.S IRT.PERUNDURAI MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
	PG	M.D. PSYCHIATRY ALL INDIA INSTITUTE OF MEDICAL SCIENCES , NEW DELHI (2006-2009)
Current Designation	ASSOCIATE PROFESSOR	
Mobile no.	8903282072 9790482072	
e-mail id	sivaramanaiims@gmail.com	
Teaching experience	<p>Junior Resident at ALL INDIA INSTITUTE OF MEDICAL SCIENCES , NEW DELHI (2007 to 2010) -3 years</p> <p>Assistant Professor at Chennai medical college hospital & research Centre ,Trichy (jul 10 2010 to feb 02 2016)—5years 7 months</p> <p>As Associate professor (02-feb-2016 to till date) at CMCH & RC - 1 year</p>	
Responsibilit ies held	<ul style="list-style-type: none"> • Past secretary of Trichy Association of Psychiatry (TAP) 2014-15 • Member of Indian Association of social psychiatry (IASP) • Member of Tamilnadu chapter of IPS. 	

<p>Award/ Honor's & achievement s</p>	<ul style="list-style-type: none"> • Invited as chief Guest and delivered a speech on STRESS MANAGEMENT in Indian Oil Corporation employees on 14-09-2010 • Given a speech on substance abuse disorders in FM RAINBOW Trichy on the eve of celebration of United Nations' (UN) International Day Against Drug Abuse and Illicit Trafficking • Given Opinion about Police officers Mental health stress and its management for Sun News channel telecasted on December 05 2012 • screened around 100 students and advised for treatment at RAJIV GANDHI ITI TRICHY as part of community outreach program
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<p>Academic Activities</p>	<p>UG teaching</p> <p>Interdepartmental teaching activities</p> <ul style="list-style-type: none"> • Delivering lecture at integrated teaching programs <p>Attending CME programs</p> <p>→ Participated in Indian Association of Social Psychiatry (IASP-2010) and trained in workshop on Psychotherapy</p> <p>→ Participated in a CME-2010 Theme: CHILD AND ADOLESCENT PSYCHIATRY held on 26-12-2010 at Hotel Sangam, Trichy</p> <p>Organizing CME programs</p> <ul style="list-style-type: none"> • Organizing secretary in CME conducted on "Somatoform disorders" on September 17 2014 at Chennai medical college hospital and research Centre Trichy
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	<p>MEU</p> <ul style="list-style-type: none"> • A member of MEU • Trained in MET workshop as well as in revised MET workshop <p>Presentation of seminar/lectures</p> <ul style="list-style-type: none"> • A topic on TRAUMATIC BRAIN INJURY ---NATIONAL CONFERENCE SRM TRICHY 2013 • Presented a topic on “Sleep Quality among Type 2 Diabetics with Nicotine Dependence.” In free paper session in TANPSYCON 2014. • Presented a seminar on new drug “zotepine” on 24-11-2010 At Trichy Association of Psychiatry • Presented a seminar on ACUTE AND TRANSIENT PSYCHOTIC DISORDER –CURRENT STATUS in Trichy Association of Psychiatry Meeting on 31-08-2010 • Presented a seminar on Benzodiazepine (ab)use in psychiatry in Trichy Association of Psychiatry Meeting on 30-04-2011 • Presented a seminar on Disaster management in Psychiatry in Trichy Association of Psychiatry Meeting on 12-2015 • An article about “Internet Addiction disorder” published in Souvenir of CME on Child and Adolescent Psychiatry held at Trichy 2011.
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List publications by year

<p>Research activities</p>	<ul style="list-style-type: none"> • Member of IRB <p>THESIS SUBMITTED</p> <p>Original articles published</p> <p>Sivaraman S, Aarthi R, Ismail M, Thirumala Kolundu Subramanian P. “Sleep Quality among Type 2 Diabetics with and without Nicotine</p>
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Dependence". Journal of Evolution of Medical and Dental Sciences 2014; Vol. 3, Issue 20, May 19; Page: 5467-5477, DOI: 10.14260/jemds/2014/2615.

Sivaraman S, Bharathi Prabakaran N. S, Ismail M, Thirumalaikolundu Subramanian P. **Attitude and Emotional Reactions of First Year Medical Students towards Cadaver Dissection.** Journal of Evolution of Medical and Dental Sciences 2014; Vol. 3, Issue 29, July 21; Page: 7989-7997, DOI: 10.14260/jemds/2014/3001.

Subramanian S, Rajarajacholan A, Senguttuvan K, et al. **"Psychological impacts among patients with type 2 diabetes mellitus" a cross sectional study.** J. Evolution Med. Dent. Sci. 2016;5(42):2634-2640,DOI:10.14260/jemds/2016/616.

Case Report

Sivaraman S (Co-author)

Sood M, Agrawal A, Sivaraman S, Khandelwal SK. Diagnostic dilemma: A case of self-injurious behavior. Indian J Psychiatry 2011;53:159-62.

Subramanian S, Kingsly RR, Kumar D, et al. **"An interesting case of psychosis with bilateral basal ganglia calcification.** " Journal of Research in Psychiatry and Behavioural Sciences 2016; Vol. 2, Issue 2, July-December 2016; Page:12-15.

OTHER PUBLICATIONS

Sivaraman S, Rajajeyakumar M (2016) Psychiatric Aspects of Hyponatremia – A Clinical Approach. J Psychol Psychother 6: e111. doi: 10.4172/2161-0487.1000e111

Conferences & CMEs participation by year

S.L No	Name of Faculty	Name of the event	/organizing institute/place	Nature of participation
1	Dr. S.Sivaraman,M.D., Asst. Prof of Psychiatry SRM-CMCH&RC	CME-2010 Theme: CHILD AND ADOLESCENT PSYCHIATRY	26-12-2010 At Hotel Sangam 26th December 2010 Thiruchirappalli.	Participant
2		IASP 2010	IMA HALL COCHIN	Participant
3		PG DEVELOPMENT PROGRAMME NORTH ZONE -2009	LUDIANA	Participant
4		PG DEVELOPMENT PROGRAMME NORTH ZONE -2010	PARVANOO, CHANDIGARGH	Participant
5		ANCIPS 2010	RAJASTHAN	Participant
6		IASP 2009	AIIMS ,NEW DELHI	Participant
		CME on Somatoform disorders	September 2014 At CMCH & RC Trichy	Organizing Secretary

Department of Health & Research (DHR) Project Proposals

- **“Study of Yoga practice on bio-chemical and genetic expression of patients with depression”** Dr. Prem B, Dr. Sivaraman S
- **“Assessment, Counselling and Skill development of Tools in Palliative therapy”** Dr. Sivaraman S, Dr. Ronald Roy K

ICMR COMPLETED PROJECTS

- **“Comparison of Sleep Quality among Type 2 Diabetics with and without Nicotine Dependence”** Aarthi R, Ismail M, Sivaraman S.
- **“ Psychological aspects of type-2 diabetes mellitus”** Aarthi R, Sivaraman S

Original articles

- Sivaraman S, Aarthi R, Ismail M, Thirumala Kolundu Subramanian P. **“Sleep Quality among Type 2 Diabetics with and without Nicotine Dependence”**. Journal of Evolution of Medical and Dental Sciences 2014; Vol. 3, Issue 20, May 19; Page: 5467-5477, DOI: 10.14260/jemds/2014/2615.
- Sivaraman S, Bharathi Prabakaran N. S, Ismail M, Thirumalaikolundu Subramanian P. **Attitude and Emotional Reactions of First Year Medical Students towards Cadaver Dissection**. Journal of Evolution of Medical and Dental Sciences 2014; Vol. 3, Issue 29, July 21; Page: 7989-7997, DOI: 10.14260/jemds/2014/3001.
- Subramanian S, Rajarajacholan A, Senguttuvan K, et al. **“Psychological impacts among patients with type 2 diabetes mellitus” a cross sectional study**. J. Evolution Med. Dent. Sci. 2016;5(42):2634-2640,DOI:10.14260/jemds/2016/616.