

Process of Making Face cream

Good morning to respected principal mam and my beloved teachers. My Name is A. Alida of Grade-6 'A'. Today I'm presenting a writing on the topic "Process of Making face cream".

1. Components used:-

- ★ 1/2 cup of coconut oil
- ★ 2 tablespoons of jojoba oil
- ★ 1 1/2 tablespoon of beeswax
- ★ 1 cup of Aloe Vera gel
- ★ 5-8 drops of Essential oil
- ★ Small glass jar (to pour in face cream when made)

2. Process of making face cream:-

★ Fill a saucepan with 2 inches of

melted oil and beeswax mixture.

Let the tea steep for 15 minutes.

★ Blend the mixture until it is creamy. You can do this with a hand mixer or a food processor fitted with a whisk, keep mixing until the mixture turns room-temperature and creamy.

★ Choose an 8 ounce jar with wide mouth. Use a rubber spatula to transfer the mixture into the jar. Let the mixture cool down further, then close the jar.

★ Store the jar in a cool, dry place. Use the cream within 3-4 months.



* The variation I wish is we can use almond oil instead of jojoba oil.

45. Innovative Idea of yours:-

- My innovation is Green tea face cream.

✓ Process:-

* Fill a pot with 2 inches of water. Place a heat-safe glass bowl on top, then add the following:
 $\frac{1}{4}$ ounce beeswax pellets, 1 ounce almond oil, 1 ounce coconut oil, and $\frac{1}{4}$ teaspoon rosehip seed oil.

* Turn the heat up to medium and let everything melt, stirring occasionally. As the ingredients melt, they will start to turn clear. You know they are ready when the color is translucent and no clumps remain.

* Take the bowl of the pot and set it down onto a heat-safe surface. Add one bag of green tea into the

use aloe vera juice or homemade gel.
★ Add 5-8 drops of essential oil. You don't have to do this, but it will give the cream a nice fragrance. If you use the right type of essential oil, you could also benefit your skin. For example:

- Acne or oily skin: Lavender, rosemary, lemongrass, Palmarosa, peppermint
- Dry or aging skin: Lavender, Rose, Palmarosa, Rose geranium
- Normal skin: Rose, Rose geranium
- Any skin type: Chamomile, Palmarosa

★ Blend the mixture or whip it by hand until it is light and fluffy. Use a rubber spatula to transfer it into several small glass jars. $\frac{1}{4}$ or $\frac{1}{2}$ -ounce jars would work the best.

★ You can keep one of the jars in your bathroom, but you should store the rest in fridge so that they last longer. Use the cream within 3-4 months.

3. Variation you wish:-

2
water, then place a heat-safe glass bowl on top. Add $\frac{1}{2}$ cup of coconut oil, 2 tablespoons of jojoba oil, and $1\frac{1}{2}$ tablespoons of beeswax pellets.

* Hold off on the Aloe Vera and essential oil for now.

* Turn the heat up to medium and allow the water to come to a simmer. Let the oils and beeswax melt, stirring occasionally. You are ready once they turn liquid and translucent.

* Make sure that your blender can withstand heat. If your blender is plastic, let the mixture cool down first, then scrape it into the blender with a spatula.

* If you don't have a blender, you can use a food processor instead.

* Turn the blender onto a low speed setting. While it is turning, slowly pour 1 cup of aloe vera gel into it. From time to time, pause the blender, and scrape down the sides with a rubber spatula.

* Use a natural aloe vera gel. Don't